



MANON BOLLIGER

Deregistered naturopath after 30+ years of health

YOU CAN CHOOSE.
BE YOUR BEST SECOND OPINION.



FEATURED ON:








Manon Bolliger is a (deregistered after 30+ years of practice) board certified Naturopathic Physician who has trained 2000 students in her methodology. From rural farmers in Nova Scotia, CEOs in Toronto and tri-athletes in BC, she has helped thousands of patients listen to their bodies and heal.

During her Masters in Law at McGill University in Montreal, she became acutely aware of the financial and political underpinnings in healthcare and the importance of informed consent and freedom of choice. As a **survivor of Stage 4 cancer**, she designed her programs based on her experience as both a patient and as a doctor. She founded Bowen College in 2008 to reflect the importance of empowered decision making. She understands that **real health is about one's physical, mental and emotional well-being as a whole**. She is the author of the Amazon bestseller, *What Patients Don't Say if Doctors Don't Ask - The Mindful Patient-Doctor Relationship* & has a new book *What If Your Body Is Smarter Than You Think? A step-by-step process to health sovereignty*.

INSPIRATIONAL & PROVOCATIVE

Manon is a rare talent. Authentic and open, she captivates and stirs up a wide range of audiences including women's groups, entrepreneurs, healthcare practitioners and health advocates. What she shares straight from the heart moves her audiences to consider a different perspective and ready to make small tangible changes they are grateful for. Her core message—that how we choose to live is how we heal and that the healing process is “scripted in our body” allowing us to become “authors” of our own destiny—transforms people across the globe.

MANON'S KEYNOTE PRESENTATIONS INCLUDE:

- **Your diagnosis is not your prognosis:** How to live your life to heal
- **What patients don't say when doctors don't ask:** What you could be asking yourself
- **The 3 "I's" to an Inspired life:** 3 steps to an empowered and conscious approach to health

MAIN STAGE SPEAKER

- TEDx Tenya Paseo (Jan 2021)
- eWomen Network Entrepreneur Conference & Expo (2015)
- Money Wealth and Business with JTFoxx, South Africa, (2017)