

# Social Media Swipe Copy - Your Body Mind Reboot

## Swipe 1:

Can you go beyond dis-ease and achieve your goal of optimal health?

Manon Bolliger (Deregistered naturopathic physician with 30+ years of experience in health), and best-selling author of A Healer in Every Household is hosting a powerful 6-week program beginning April 14th to help you LISTEN to your body entitled ✨Your Body Mind Reboot✨

Dive deep into the healing process in order to discover your body's innate healing power with LIVE coaching, guided exercises, downloadable worksheets, and the support of the entire group!

Are you ready to go beyond pain, reduce stress, and begin your journey to optimal health? 🧐

✨Reply with a YES to learn more! ✨

Or click the link below and register TODAY!

<https://www.drmanonbolliger.com/yourbodymindreboot/?affiliate> ←ADD your affiliate name here, so we can track it to your account

## Swipe 2:

Are you trying to cope with chronic pain, stress, anxiety, or a diagnosis that has left you feeling hopeless and confused? 😞

🔥Your Body Is Smarter Than You Think. Why Aren't You Listening? 🔥

Join Manon Bolliger (Deregistered naturopathic physician with 30+ years of experience in health) for a powerful 6-week program beginning April 6th, 2022, and learn how to go beyond your diagnosis, relieve pain, and reduce stress while discovering how to LISTEN to your body!

✨Your Body Mind Reboot Program includes:

- Group Coaching, allowing you to deep dive into your healing process
- Inspiration through the stories and transformations of other people like you, engaged in the same healing process
- Support and encouragement of the entire group
- The steps to LISTEN to your body's signs and signals
- The tools you need to REBOOT® your body with a full day of hands-on instruction
- Guided exercises and worksheet for each module
- and MUCH MORE!

🔥Register today by clicking the link below or reply YES for more information! 🔥

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### Swipe 3:

Help you and your family go beyond pain...beyond stress...and ✨IGNITE✨ your body's innate healing power!

Beginning April 6th, 2022 discover how to LISTEN to your body and get the tools you need to REBOOT® your body's healing power with Manon Bolliger (Deregistered naturopathic physician with 30+ years of experience in health)!

A successful practitioner for over 30 years, and best-selling author of A Healer In Every Household, Dr. M is hosting a powerful 6-week program that will teach you how to dive deep into your symptoms, relieve pain and anxiety, heal past traumas, and engage your healing power!

🌟Your Body Mind Reboot🌟 includes LIVE coaching, guided exercises, and workshops that will take you from dis-ease to health!

Register today to take advantage of the promotional pricing and discover your path to optimal health TODAY!

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### Swipe 4:

Healing is a continuous journey, one which is as individual as you are.  
So why rely on quick-fix, one shoe fits all fads, or allow your diagnosis to define your health journey?

🌟Take control of your health TODAY by learning the steps to Your Body Mind Reboot!🌟

Join Manon Bolliger, deregistered naturopathic physician since 1992, for her powerful 6-week program and begin your individual healing journey TODAY!

By participating in the Your Body Mind Reboot® program, you will experience the L.I.S.T.E.N. Principles and REBOOT® Your Body through guided audios, videos, images, and worksheets that will guide you through your healing journey.

Move beyond pain, anxiety, past traumas, and stress. Dive deep into the why behind your symptoms, and discover your body's innate healing power!

🌟Register today to take advantage of the promotional pricing and take the first steps to optimal health TODAY!🌟

<https://www.drmanonbolliger.com/yourbodymindreboot/?affiliate> ←ADD your affiliate name here, so we can track it to your account

## Swipe 5:

Are your symptoms or diagnosis defining your life? 😞

Take back control of your healing journey and ignite your innate healing power by learning how to LISTEN to your body.

Go beyond dis-ease and discover your optimal health by joining Manon Bolliger (Deregistered naturopathic physician with 30+ years of experience in health) and best-selling author of A Healer In Every Household, as she guides you through a powerful 6-week journey to optimal health.

✨Your Body Mind Reboot✨ includes LIVE coaching, guided exercises, and workshops that will take you from dis-ease to health all with the support of the entire group!

It does not matter where you begin, support is there for you all along the way!

✨Register today to take advantage of the promotional pricing and take the first steps on your individual health journey TODAY! ✨

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